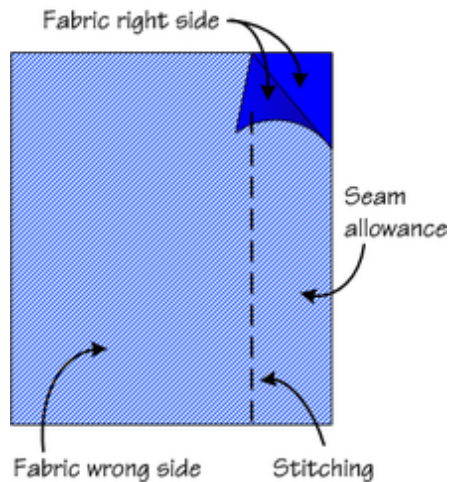


FOR SEAMS ON THE INSIDE (NOT SHOWING) USE A SEAM ALLOWANCE:

Seam allowance is the area between the edge and the [stitching](#) line on two (or more) pieces of material being stitched together. Commercial patterns for home sewers have seam allowances ranging from 1/4 inch to 5/8 inch. To create a seam allowance on a pattern you are making, add 1/4" to the edges of all of your pattern pieces



TO HELP YOU GET MORE ROUNDED FORMS USE DARTS:

Darts are folds sewn into fabric to help provide a three-dimensional shape to a garment. They are frequently used in women's clothing to provide a fit that closely follows the shape of the wearer

